Holland Nurseries

Plant Finder

Table Mountain Ice Plant

Delosperma 'John Proffitt'



Table Mountain Ice Plant flowers
Photo courtesy of NetPS Plant Finder

Plant Height: 2 inches

Flower Height: 4 inches

Spread: 18 inches

Sunlight: ○

Hardiness Zone: 4

Description:

Low growing carpet-like, succulent, developed to be hardier than the species; dazzling fuchsia to magenta daisy-like flowers with white centers; perfect for xeriscapes, rock gardens, screes and sandy soils

Ornamental Features

Table Mountain Ice Plant features showy fuchsia daisy flowers with buttery yellow eyes and a white ring rising above the foliage from early summer to mid fall. Its attractive small succulent narrow leaves are grayish green in colour. As an added bonus, the foliage turns a gorgeous purple in the fall.

Landscape Attributes

Table Mountain Ice Plant is an herbaceous evergreen perennial with a ground-hugging habit of growth. It brings an extremely fine and delicate texture to the garden composition and should be used to full effect.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees and butterflies to your yard. It has no significant negative characteristics.

Table Mountain Ice Plant is recommended for the following landscape applications;

- Mass Planting
- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Container Planting

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Planting & Growing

Table Mountain Ice Plant will grow to be only 2 inches tall at maturity extending to 4 inches tall with the flowers, with a spread of 18 inches. Its foliage tends to remain low and dense right to the ground. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 5 years. As an evegreen perennial, this plant will typically keep its form and foliage year-round.

This plant should only be grown in full sunlight. It prefers dry to average moisture levels with very well-drained soil, and will often die in standing water. It is considered to be drought-tolerant, and thus makes an ideal choice for a low-water garden or xeriscape application. It is not particular as to soil pH, but grows best in sandy soils. It is somewhat tolerant of urban pollution. This particular variety is an interspecific hybrid.

Table Mountain Ice Plant is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. Because of its spreading habit of growth, it is ideally suited for use as a 'spiller' in the 'spiller-thriller-filler' container combination; plant it near the edges where it can spill gracefully over the pot. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.